before

- Keep a flashlight with extra batteries. Avoid using candles because of risk of fire.
- Stock up on nonperishable food & make sure you have a manual can opener.
- Store water-filled plastic containers in your freezer to use as blocks of ice to prevent food from spoiling.

during

- Check on neighbors, friends & family.
- Turn off & unplug major appliances to eliminate fire hazards when electricity comes back on.
- Keep refrigerator & freezer doors closed to keep food cold.

after

- Reset clocks, thermostats & other programmed equipment after electricity is restored.

For more tips visit:
www.sf72.org/hazard/electric-outages
Checklist

ESENNIALS
- Water
- First Aid Kit
- Flashlight
- Fire Extinguisher
- Manual Can Opener
- Food

USEFUL
- Warm Clothes and Sturdy Shoes
- Radio (battery operated or hand crank)
- Cash
- Sleeping Bag or Blankets
- Cellphone Charger
- Tools

PERSONAL
- Prescriptions
- Treats
- Personal Hygiene + Sanitation Items
- Personal Documents
- Children's toys
- Pet Items
We believe in connection, not catastrophe.

HERE'S THE THING—actual emergencies took more like people coming together than cities falling apart. Past disasters from Sandy to Tohoku have proved that connected communities are more resilient. Of course, preparedness is about getting your supplies together. But it's also about knowing your neighbors, lending a hand, and sharing your knowledge.

So let's take action.

When we pool our skills, resources, and support systems, large tasks suddenly become more manageable. In the long run, this means we're better prepared for a disaster. In the short run, we're making our neighborhoods that much nicer.

Your network is a wealth of skills and resources. Maybe your downstairs neighbor has a generator. Or the guy at the grocery store is pretty handy with tools. It doesn't matter if you're not an expert. Everyone has something to contribute.
Get connected.
Text your zip code to 888-777 to receive real time emergency alerts.
You can also sign up at AlertSF.org
5 simple steps to be more prepared today

1. Identify an out of area contact.

   Know your connections—
   who will you rely on and
   who will rely on you?

2. Establish a meeting place for
   you and your connections.

   Take stock of the things you
   use every day that also could
   be useful in an emergency.
   These are the makings of
   disaster supplies.

3. Talk about what you’ve done
   to be prepared with the people
   you care about.
### SF72 Make a Plan

#### Our meeting spot
Where will we meet in an emergency?

<table>
<thead>
<tr>
<th>Location:</th>
<th>Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Out of area contact
Who will we check in with, outside the area?

<table>
<thead>
<tr>
<th>Location:</th>
<th>Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### My people
Identify a group of friends and family with whom you'll coordinate.

<table>
<thead>
<tr>
<th>Name:</th>
<th>Mobile phone:</th>
<th>Home phone:</th>
<th>Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Important contacts
What other numbers would be handy in an emergency?

<table>
<thead>
<tr>
<th>Doctor:</th>
<th>Pediatrician:</th>
<th>Pharmacist:</th>
<th>Veterinarian:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Checklist

**ESSENTIALS**
- Water
- First Aid Kit
- Flashlight
- Fire Extinguisher
- Manual Can Opener
- Food

**USEFUL**
- Warm Clothes and Sturdy Shoes
- Radio (battery operated or hand crank)
- Sleeping Bag or Blankets
- Cellphone Charger
- Tools
- Cash

**PERSONAL**
- Prescriptions
- Treats
- Personal Hygiene + Sanitation Items
- Personal Documents
- Children's toys
- Pet Items
Handy tips

+ Store heavy items on the lowest shelves.
+ Secure pictures and wall hangings and use restraints to secure heavy items such as bookcases and file cabinets.
+ Keep a pair of sneakers under your bed and a flashlight close by.
+ Keep hallways and exits free for easy evacuation.
+ Have a fire extinguisher in your home (and know how to use it!).
During a Quake

1. **Drop, cover and hold on.**
   Drop down and get under a strong table. If you are not near a table, drop against an interior wall and cover your head and neck with your arms. Stay away from windows.

2. **Stay put.**
   Whether you’re in a car, bed, or public place, stay put and wait until the shaking stops. If you’re outdoors, steer clear of wires or falling objects.

3. **Stay calm.**
   Keep calm and carry on. Keeping your wits about you will ensure that you make safe choices for yourself and those around you.

After a Quake

1. **Check your surroundings.**
   Check for damage, and for anyone who is injured and in need of attention.

2. **Leave a trail.**
   If you leave home, leave a sign telling friends and family your new location. Digitally savvy? Tweet or update your Facebook page to say you’re okay.

3. **Stay tuned.**
   Listen to the radio for important information and instructions. Aftershocks, which often follow large quakes, can cause damage too.
Tsunami preparedness

Know the Warning Signs
Strong ground shaking, a loud ocean roar, or the water receding are nature’s warnings.

Official warnings might come via siren, radio, television, text message, social media or first responders.

Move Inland & High Ground
Follow the blue tsunami evacuation route signs.

Stay There
Waves may arrive for several hours after initial impact. Wait for the all clear from emergency officials.
9-1-1
POLICE, FIRE & MEDICAL
AVAILABLE 24/7
- Is there a danger to life, property or the environment?
- Is there a crime in progress?
- Is someone having a medical emergency and needs immediate assistance?
- Is there a fire?

If you answered YES to any of these questions, immediately call 9-1-1.

3-1-1
CITY SERVICES & INFORMATION
AVAILABLE 24/7
- Police reports for crimes not in progress such as:
  - Auto Burglaries
  - Petty Theft
  - Vandalism
- Report graffiti, potholes, abandoned vehicles, or blocked driveways.
- Garbage and recycling services
- Street and park maintenance
- Property Tax Payments
- Birth Certificates
- Marriage Licenses
- Business Registration

415-553-0123
POLICE NON-EMERGENCY ASSISTANCE
AVAILABLE 24/7
- Noise complaints
- Loitering
- Wellness checks

MAKE THE RIGHT CALL
KEEP 9-1-1 AVAILABLE FOR EMERGENCIES
Nearly half of 9-1-1 calls are not emergencies.

Life threatening? No. Now what?

Call 3-1-1 to report auto-burglaries
maketherightcallsf.org
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