

Local Business Name: Julie Watson Yoga

Address: 2137 Lombard Street (I live in Russian Hill & also work virtually.)

Website: juliewatsonyoga.com

sYes, we remain open for business during the shelter-in-place mandate.

Open virtual by appointment, Tue – Fri 9am-4pm

To make an appointment:

By email at: julie@juliewatsonyoga.com

By Online at: juliewatsonyoga.com

I am a Yoga Therapist and offer support for stress/anxiety management, improved sleep, acute/chronic pain, enhanced resilience and more.